**MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS**

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| **Event Venue** | Pontypool Park, Torfaen, NP4 8AT | **CoR** | Trevor Williams |
| **Event Dates** | 11/07/2026 | **Event Status** | Pontypool Ski Racing Club National |
| **Event Doctor** *(if appropriate)* | n/a | Phone: +44..... | |
| **First Aid provided by name:** | World class skiing | First aider | |
| **Local Surgery or NHS 'walk-in' centre** ***(if appropriate)*** | There are 3 minor injury services equal distance from Pontypool: Royal Gwent Hospital (south) and Nevill Hall (North) and Ysbyty Ystrad Fawr (West) located in our enhanced local hospitals. All 22 minutes by Car<br><br>Royal Gwent Hospital, Cardiff road, Newport, NP20 2UB<br>01633 234234<br>Open 24 hours<br><br>Nevill hall Hospital, Brecon road, Abergavenny, NP4 7EG<br>01873732732<br>Open 24 hours<br><br>Ysbyty Ystrad Fawr, Ysrad Mynach, Hengoed, CF827GP, 01443802200<br>Open 24 hours (subject to staffing)<br><br>There are no GP walk in centres, out of hours GP can be contacted via the 111 service | Level of Care:<br><br>Minor Injuries, run by highly experienced emergency nurse practitioners (can only treat children over 1 year, if less than one year go to the Grange university Hospital)<br><br>Can visit these units for:<br>Minor limb injuries (including fractures and minor joint dislocations)<br>Wounds, minor burns<br>Head injury and Face injuries provided no loss of consciousness<br>Minor neck injuries and minor back injuries provided no pins and needles, able to walk and not fallen more than 5 stairs or 1 metre.<br>Eye, ear and nose injuries.<br>Rib injuries<br>Insect, animal and human bites.<br><br>ttps://abuhb.nhs.wales/hospitals/enhanced-local-general-hospitals/minor-injury-units/<br><br>111.nhs.uk | |

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| **Hospital** | Grange University Hospital<br>Carleon road, Llanfecfra, Cwmbran<br>NP44 8YN<br>**Phone: 01633 493100**<br>**From Venue:** 10 min ( 7.7 km) with ambulance/car<br>**Directions**: Turn left out of pontypool active living and join A472, at roundabout take the a4020 southbound and follow signs. | Level of Care:<br>Accident and Emergency, all acute hospital specialities including paediatrics and obstetrics.<br><br>DOES NOT HAVE MINOR INJURIES: PLEASE SEE ABOVE FOR MINOR INJURIES. |
| **Pharmacy** | Address: Boots Pontypool, 4 George st, Pontypool, NP4 6LR<br>Phone: 01495 762727<br>3 minutes by car (can park by Tesco or civic centre)<br><br>Boots 10-14 The Mall, Cwmbran NP441PX, 01633 483281 | Open Saturday 09:00 to 17:30, closed on Sunday.<br><br>Open Saturday 8am-6pm, Sunday 10am- 4pm |

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| **Slope patrol** | **In contact by radio** | Slope patrol on-site during racing. Yes |
| **Ambulance** | **In contact by phone 999** | Location<br>From Venue: minutes km |
| **Slope accident Protocol** | **First aid located at:**<br><br>**Doctor located at:**<br><br>**In contact by:** | 1. Side of slope<br>2. vehicle at bottom of slope (not ambulance)<br>3. 1st aiders attend casualty and evacuate form slope if safe to do so<br>4. 1st aiders care for casualty in an appropriate location<br>5. Racing continues once slope clear and first aid cover in place<br>6. TD completes accident form or notes on report. |
| **Crowd / Public Protocol** ***Only if different from above*** | **First aid located at:**<br><br>**Doctor located at:**<br><br>**In contact by:** | All as above |
| **Back-up plan** | | Trevor Williams can be back up 1st aid on slope if an incident needs ongoing attention from first aiders. Robin Kellen could then step in as Chief of race |

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| | | Event welfare officer and Adrian Woollard both doctors and could remain with a casualty to allow first aid to return to slope if appropriate. |
| **Defibrillator Equipment** | **Is there a Defibrillator (AED) on site?**<br><br>**Where is it located?**<br><br>**Is there a person on site trained to use the equipment?**<br><br>**If not on site, nearest Defibrillator located at:** | Yes, Trevor Williams will bring a defib, which will be available in the Race Office.<br><br>Yes: 1st aider, Chief of race Trevor Williams, Dr Adrian Woollard (advanced life support instructor and certified) and Dr Sarah Woollard, event welfare (and advanced life support certified) |

| **The Medical arrangements fully meet the criteria for BARTS competitions** | | | | | **Yes/ No If no identify issue below** | |
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| **Description** | | **Yes/No** | **Complies fully with Rule 1? Y/N** | **Degree of compliance 1-5 (where 5 = fully in place)** | **If not fully complied, reason** | |
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| **Signed:** | Trevor Williams | | **Chief of Race** | | **Date:** | 28/06/2026 |